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BALANCE: A FINE ART

How were you taught to ride a bicycle, was it by using “training wheels” or did someone slightly hold on to the bike to stabilize it while you pedaled? Regardless, the key was to get you to learn how to keep your balance on two wheels. Once you mastered that, a whole new world opened up to you. When you stop and think about, so many things in life are predicated on proper balance. More often than not, the greater degree of mastery with respect to balance, generally determines the measure of success one will enjoy.



The need for a sure foundation is stressed by Paul in the third chapter and verses ten and eleven of 1Corinthians. Without that foundation in place balance is not possible. Jesus as well noted, *“Therefore every one who hears these words of Mine, and acts upon them, may be compared to a wise man. Who built his house upon the rock. And the rain descended, and the floods came, and the winds blew, and burst against that house; and yet it did not fall, for it had been founded upon the rock.”* (Matthew 7:24-25) A life in balance, built upon the Rock, which is Christ (see Acts 4:11-12; 1Corinthians 10:4)

Michael Grub, is a unique artist who specializes in photography of stone sculptures that he creates using only the rocks to support one another. It is delicate balance that one finds in his work as can be found on his website, gravityglue.com In order to bring this about, he first needs to find a “tripod”, which will serve as the foundation. He then looks for subtle indentions and notches in the rocks and so works it so that they fit in alignment with one another; fitted together.

As noted, the “tripod” is pivotal to finding balance. Put another way, a fulcrum, which carries the meaning of “support”. Speaking in terms that relate to a spiritual balance, there is really only one support upon which to balance life: The God of Heaven. *“Seeing that His divine power has granted to us everything pertaining to life and godliness, through the true knowledge of Him who called us by His own glory and excellence.”* (2 Peter 1:3) A sure foundation (see Isaiah 33:6)

Earlier in this article mention was made, of the artist who balances stones and how he searches for notches and indentations to fit the stones together, in much the same way children of God are fitted together. Take some time and read over Ephesians 2:19-22, pay close attention on *“built upon”* and *“being fitted together”*. Two chapters later, Paul writes, *“we are to grow up in all aspects into Him, who is the head, even Christ, from whom the whole body, being fitted and held together by that which every joint supplies, according to the proper working of each individual part, causes the growth of the body for the building up of itself in love.”* (4:13b-16)

Obviously if life is going to be in balance, it is imperative to have a solid foundation, which is Christ. In like manner it is vital that we allow self to be fitted for service (see Romans 12), within the framework of the household of God. By so doing we offer support to others, mutual support structure. *“No man can lay a foundation other than the one which is laid, which is Jesus Christ.”* (1Corinthians 3:11) Is your life in balance? (wbe)

THE BULWARK